



**TRUE  
FOOD  
KITCHEN**

**TRUE TRIO \$19<sup>50</sup>**

**HALF SALAD + CUP OF SOUP**

**OR**

**WRAP + HALF SALAD OR CUP OF SOUP**

**AND**

**CHOICE OF BEVERAGE**

Available Monday-Friday until 3pm

## CUP OF SOUP

**Seasonal/ Roasted Butternut Squash Soup** **v GF**  
organic butternut squash, sage (120 cal)

## HALF SALADS

**Seasonal/ Market Salad** **VEG GF**  
honey roasted carrots, roasted cauliflower, organic mixed greens, pistachios, feta, medjool dates, creamy apple cider vinaigrette (300 cal)

**Chopped Salad** **VEG**  
aged white cheddar, farro, medjool dates, jicama, organic apple, raisins, marcona almonds, champagne vinaigrette (300 cal)

**Organic Tuscan Kale Salad** **VEG**  
organic kale, parmesan, breadcrumbs, lemon, garlic (185 cal)

## WRAPS

**Grilled Chicken Ranch Wrap**  
avocado, organic roasted red pepper, organic mixed greens, hatch chili ranch (680 cal)

**Mediterranean Wrap** **v**  
hummus, spicy herb sauce, red pepper pistachio spread, cucumber, snap peas, charred onions, organic spring mix, lemon oregano vinaigrette (510 cal)

**Lemon-Oregano Chicken Wrap**  
organic mixed greens, cucumber, carrots, snap peas, tomatoes, grilled chicken, lemon-oregano vinaigrette (550 cal)

## BEVERAGES

**Peach or Pink Dragon Fruit Lemonade** (140-160 cal)

**Green or Black Iced Tea** (0 cal)

### Spritzers

house-filtered sparkling water mixed with fresh fruit juice, choose from:

**Lemon-Lime** (5 cal), **Pineapple** (15 cal), **Pomegranate** (20 cal)

Dine-in only. Price does not include additional proteins or other add-ons, which may be ordered at an additional cost. Substitutions are not permitted. Offer valid Monday-Friday until 3 PM. Not available with other promotions or discounts. A 2000-calorie daily intake is standard advice, but individual needs vary. Our restaurants use gluten and all major FDA allergens (peanuts, tree nuts, eggs, fish, shellfish, milk, sesame, soy, and wheat). Shared cooking areas mean we cannot ensure any item is allergen-free. Ingredient changes may occur due to suppliers, recipe updates, methods, or seasons. Inform your server of allergies or dietary needs before ordering, and we'll do our best to accommodate.

**v** Vegan **VEG** Vegetarian **GF** Gluten-Friendly